



***RAK TRI 113***

***UNITED ARAB EMIRATES***

***COURSE MAPS***



**RACE VILLAGE**



**AMBULANCE**



**TIMING POINT**



**DRINK STATION**



**SWIM COURSE**



**SWIM TO T.A.**



**TRANSITION AREA**



**CYCLE COURSE**



**DIRECTIONAL ARROW**



# **RAK TRI 113**

**UNITED ARAB EMIRATES**


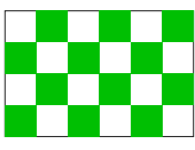
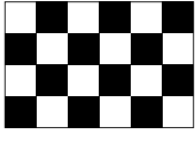










# **SWIM COURSE**

# RAK TRI 113

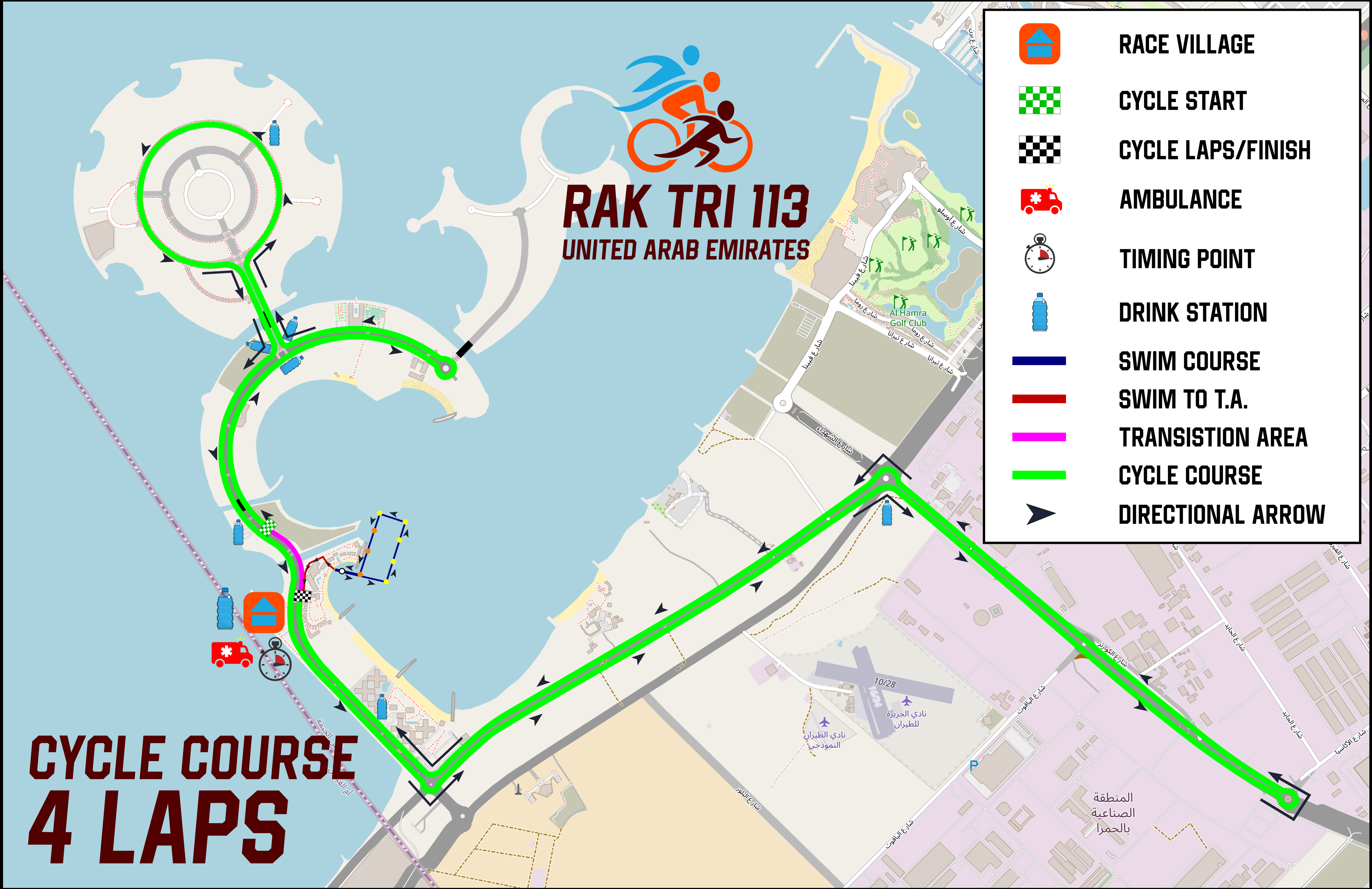
UNITED ARAB EMIRATES



	<b>RACE VILLAGE</b>
	<b>CYCLE START</b>
	<b>CYCLE LAPS/FINISH</b>
	<b>AMBULANCE</b>
	<b>TIMING POINT</b>
	<b>DRINK STATION</b>
	<b>SWIM COURSE</b>
	<b>SWIM TO T.A.</b>
	<b>TRANSITION AREA</b>
	<b>CYCLE COURSE</b>
	<b>DIRECTIONAL ARROW</b>


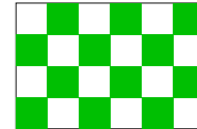
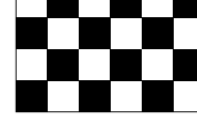











# CYCLE COURSE

# 4 LAPS





**RAK TRI 113**  
UNITED ARAB EMIRATES


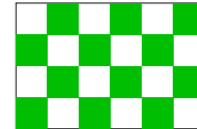
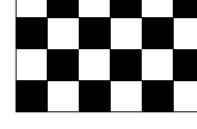











	<b>RACE VILLAGE</b>
	<b>RUN START</b>
	<b>RUN FINISH</b>
	<b>AMBULANCE</b>
	<b>TIMING POINT</b>
	<b>DRINK STATION</b>
	<b>SWIM COURSE</b>
	<b>SWIM TO T.A.</b>
	<b>TRANSITION AREA</b>
	<b>CYCLE COURSE</b>
	<b>RUN COURSE</b>
	<b>DIRECTIONAL ARROW</b>
	<b>113 LAP 2 U-TURN</b>
	<b>RUN COURSE U-TURN</b>

**RUN COURSE**  
**LAP 1**





**RAK TRI 113**  
UNITED ARAB EMIRATES

	<b>RACE VILLAGE</b>
	<b>RUN START</b>
	<b>RUN FINISH</b>
	<b>AMBULANCE</b>
	<b>TIMING POINT</b>
	<b>DRINK STATION</b>
	<b>SWIM COURSE</b>
	<b>SWIM TO T.A.</b>
	<b>TRANSITION AREA</b>
	<b>CYCLE COURSE</b>
	<b>RUN COURSE</b>
	<b>DIRECTIONAL ARROW</b>
	<b>113 LAP 2 U-TURN</b>
	<b>RUN COURSE U-TURN</b>

**RUN COURSE**  
**113 LAP 2**

